

Curriculum Vitae
GİZEM ERDEM

Last update: March 24th 2026

Koç University, Department of Psychology
Rumelifeneri Yolu, Sariyer-Istanbul, Türkiye 34450.
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EDUCATION

The Ohio State University Ph.D., Human Development and Family Science Couple and Family Therapy specialization	Columbus, OH September 2008 – May 2014
The Ohio State University M.S., Human Development and Family Science	Columbus, OH September 2006 – May 2008
Boğaziçi University B.A., Psychology	Istanbul, Türkiye September 2002 – June 2006

EMPLOYMENT

Koç University, College of Social Sciences and Humanities Associate Director, Graduate School of Social Sciences & Humanities Associate Professor, Department of Psychology Director & PI, 3R Research Lab Assistant Professor, Department of Psychology	Istanbul, Türkiye April 2025 – Present February 2021 – Present January 2020 – Present January 2015 – 2021
University of Illinois at Chicago Institute for Health Research and Policy Post-doctoral Research Associate	Chicago, IL January – December 2014
The Ohio State University Department of Human Development and Family Science Graduate Research Associate Graduate Teaching Associate	Columbus, OH August 2006 – August 2013 September 2010 – June 2011

VISITING POSITIONS

Utrecht University, Department of Youth & Family
 Research Centre of Child and Adolescent Studies
 Summer Visiting Scholar

Utrecht, Netherlands
 August – September 2023

ISCTE University Institute of Lisbon
 Global MINDS Erasmus Mundus Cultural Diversity Program
 Summer School Visiting Scholar

Lisbon, Portugal
 June 2018

Harvard University
 The Center for Middle Eastern Studies (CMES)
 The Center for Adolescent Substance Abuse Research (CeASAR)
 Koç-Harvard Visiting Scholar

Cambridge, MA
 July – September 2017

RESEARCH INTERESTS

- Research with marginalized populations, at-risk youth, and their families
- Substance misuse and juvenile delinquency
- Youth mentoring programs
- Close relationships during emerging adulthood
- Evidence-based family therapy and evaluation
- Computational social science and human-AI bonding

Technical Skills

- *Quantitative methods*: Research design, randomized controlled designs, statistical skills in multilevel modeling, dyadic data analysis, structural equation modeling.
- *Qualitative methods*: Grounded theory, content analysis, experience in conducting focus groups, participatory action research
- *Software proficiency*: SPSS Mixed, AMOS, HLM, and NVIVO.

GRANTS

In progress

Couple Relationships with and through AI: A Daily Diary Study on Relationship Quality (INTIM-AI-CY) Koç University Seed Grant (grant proposal under review); *Role*: Principal Investigator; *Proposed funding period*: July 1st 2026 - July 1st 2027; *Budget Amount*: 5.000 USD

Completed

Cultural Adaptation and Evaluation of UNODC's Family Therapy Intervention Program for Substance Misusing Adolescents and Their Families. Outstanding Young Scientist Award & Research Grant (TÜBA-GEBİP). Turkish Academy of Sciences, Ankara, Türkiye; *Role*: Principal Investigator; *Funding period*: December 1st 2021 – December 1st 2024; *Budget Amount*: 90.000 TL

Supportive Treatment and Evaluation for Youth in Prison (STEPS). Koç University Seed Grant; *Role:* Principal Investigator; *Funding period:* July 15th 2019 – July 15th 2021; *Budget Amount:* 50.000 TL

Incarcerated youth and family processes: Coping, stress, and resilience. Young Scientist Award & Research Grant (BAGEP). Science Academy, Istanbul, Türkiye; *Role:* Principal Investigator; *Funding period:* May 1st 2019 – May 1st 2021; *Budget Amount:* 40.000 TL

Program Development for Juvenile Delinquents in the Turkish Probation System: A nationwide study. UNICEF Türkiye – European Union Grant, in collaboration with the Turkish Ministry of Justice (*PI:* Gonca Ongan, Ph.D.); *Role:* Consultant; *Funding period:* January 10th 2017 – January 10th 2019; *Budget Amount:* 350.000 TL

The Capacity of Formal Community Based Mentoring Relationships to Improve the Health of Canadian Children. Canadian Institute of Health Research. University of Illinois at Chicago – Koç University subcontract. (*PIs:* David De Wit, Ph.D. & Ellen Lipman, M.D.); *Role:* Collaborator researcher/post-doc researcher; *Funding period:* March 3rd 2015 – April 1st 2019; *Budget Amount:* 50.000 USD

ANKA Project: Efficacy of ANKA Rehabilitation Program for Youth in Foster Care in Türkiye. Nationwide study. European Commission and European Union Grant (in collaboration with the Turkish Ministry of Family and Social Policy). (*PI:* Kultegin Ogel, M.D.) *Role:* Statistician, *Funding period:* August 1st 2016 – January 4th 2017; *Budget Amount (subcontract):* 10.000 Euro

Clinical applications of Virtual Reality in Abnormal Psychology. Koç University KOLT Teaching and Innovation Grant; *Role:* Principal Investigator; *Funding period:* September 26th 2016 – December 26th 2016; *Budget Amount:* 5.000 TL

Participatory Action Research Project with Parole and Probation Officers in Istanbul, Türkiye. Koç University Seed Grant. *Role:* Principal Investigator, *Funding period:* June 26th 2015 – June 26th 2016; *Budget Amount:* 10.000 TL

Unfunded

TÜBİTAK Encouragement Award and Research Grant (Under Review; *Role:* Principal Investigator; *Budget:* 1.650.000 TL).

A Computational Social Science Approach to Estimating the Prevalence of Youth Alcohol and Drug Use and Associated Social Networks. TÜBİTAK 2247-A: Outstanding Young National Leaders Program Grant Application – Stage II (Under Review; *Role:* Principal Investigator; *Proposed Budget:* 5.000.000 TL).

Innovative Ways to Facilitate Access to Mental Health Services for Children and Young People in Social Vulnerable Contexts (ACCESO).

HORIZON-HLTH-2024-CARE-04-two-Stage Grant Application (Consortium Grant; Coordinator: Erasmus University Rotterdam, Netherlands; *Role*: Country Principal Investigator; *Proposed Budget*: 6.000.000 Euro).

Children and Adolescents of Parents with Mental Disorders: A European Action. COST Action Proposal OC-2023-1-26769 (Consortium Grant – Under Review; *Coordinator*: Dr. Alessandra Martinelli, Italy; *Role*: Country Principal Investigator; *Proposed Budget*: TBA at Stage 2).

PUBLICATIONS

Citations

<u>Source</u>	<u>Cumulative total</u>	<u>h-index</u>	<u>i10-index</u>
Google Scholar	2,452	22	34
Web of Science	756	14	19

Peer Reviewed Articles in SSCI-indexed Journals

** a graduate student and * an undergraduate student

1. **Erdem, G.**, **Güler, M., **Coşkun, M., & **Başer, G. (in press): Rethinking human–AI attachment in family systems: A response to McDaniel et al. (2025). *Family Relations*. doi: 10.1111/fare.70152
2. **Başer, G., **Başer, O., Kafescioğlu, N., & **Erdem, G.** (2025). Dynamic harmony: Unveiling therapeutic attunement in emotionally focused couple therapy via machine learning. *Family Relations*, 74(3), 1323-1340. (Special issue: Artificial Intelligence in Everyday Family Life). doi: 10.1111/fare.13140
3. **Oldaç, B., Üstünel, A. Ö., & **Erdem, G.** (2025). Does true love conquer all? The role of romanticized beliefs, abuse type, and ambivalent sexism on emerging adult women's response behaviors to dating violence. *Current Psychology*, 44(6), 4578–4595. doi: 10.1007/s12144-024-07251-3
4. **Yıldızhan, C., Kafescioğlu, N., Zeytinoğlu-Saydam, S., **Erdem, G.**, Söylemez, Y., & Yambul, Ç. (2024). Emotion regulation of emotionally-focused therapists working with high-conflict couples. *Journal of Marital and Family Therapy*, 50(4), 840-866. doi: 10.1111/jmft.12725

5. **Erdem, G.**, DuBois, D. L., Larose, S., De Wit, D. J., & Lipman, E. L. (2024). Associations of youth mentoring with parent emotional well-being and family functioning: Longitudinal findings from a study of Big Brothers Big Sisters of Canada. *Children and Youth Services Review, 156*(1), 107384. doi: 10.1016/j.chilyouth.2023.107384
6. **Erdem, G.**, **Yücesoy, Z. B. & Ersayan, A. E. (2024). Close relationships of incarcerated youth: Perspectives of inmates and prison staff. *Children and Youth Services Review, 156*(1), 107286. doi: 10.1016/j.chilyouth.2023.107286
7. **Taşkın-Sayıl, D. & **Erdem, G.** (2023). An examination of different types of parental control on the well-being of Turkish emerging adults. *Family Relations, 72*(5), 2833-2851 doi: 10.1111/fare.12851.
8. **Carrese-Chacra, E., **Hollett, K., **Erdem, G.**, Miller, S., & Gouin, J. P. (2023). Longitudinal effects of pandemic stressors and dyadic coping on relationship satisfaction during the COVID-19 pandemic. *Family Relations, 72*(3), 645–664. doi: 10.1111/fare.12885
 - This article is among the top 10 most-cited papers of *Family Relations* journal in 2023.
9. **Güvensoy, İ. & **Erdem, G.** (2023). The effects of ideal standards and parental approval on mate selection among emerging adults. *Journal of Social and Personal Relationships, 40*(1), 174-200. doi: 10.1177/02654075221114029
10. **Ozkok, H., **Tatar-Ozkum, B. H., **Ayyıldız, T. N., Eskin, M., **Erdem, G.**, & Turan, B. (2022). To blame or not to blame: The role of belief in free will in substance use and suicide stigma. *International Journal of Mental Health and Addiction, 20*, 3301–3314. doi: 10.1007/s11469-022-00755-8
11. **Erdem, G.**, **Adlı-Işleyen, M., **Baltalarlı, N., & **Kılıç, E. (2022). Low-income Turkish mothers' conceptions and experiences of family life. *Frontiers in Psychology: Cultural Psychology, 12*, 1-13. doi: 10.3389/fpsyg.2021.756278
12. **Ersayan, A. E., Çankaya, B., **Erdem, G.**, Broers, N. J., & de Ruiter, C. (2022). The link between attitudes toward probationers and job burnout in Turkish probation officers. *Journal of Community Psychology, 50*(2), 727-741. doi: 10.1002/jcop.22673
13. Hussong, A., Benner, A. D., **Erdem, G.**, Lansford, J., Leonida, M., & Petrie, R. C. (2021). Adolescence amid a pandemic: Short- and long-term implications. *Journal of Research on Adolescence, 31*(3), 820-835. doi: 10.1111/jora.12671
14. Zeytinoğlu-Saydam, S., **Erdem, G.**, & Söylemez, Y. (2021). Psychometric properties of the Brief Accessibility, Responsiveness, and Engagement Scale in a community sample of Turkish adults. *Family Relations, 70*, 557-574. doi: 10.1111/fare.12446
15. **Tuncer, A. E., **Erdem, G.**, & de Ruiter, C. (2020). The impact of a brief RNR-based training on Turkish juvenile probation officers' punitive and rehabilitative attitudes and recidivism risk perceptions. *Journal of Community Psychology, 48*, 921-931. doi: 10.1002/jcop.22310

16. De Wit, D. J., DuBois, D. L., **Erdem, G.**, Larose, S., & Lipman, E. L. (2020). Predictors of mentoring relationship quality: Investigation from the perspectives of youth and parent participants in Big Brothers Big Sisters of Canada one-to-one mentoring programs. *Journal of Community Psychology, 48*, 192-208. doi: 10.1002/jcop.22244
17. **Erdem, G.** (2019). Protective factors for alcohol abuse among college students: A Contextual perspective (in Turkish Üniversite öğrencilerinde alkol kullanımını yordayan koruyucu etkenlerin Bağlamsal Kuram üzerinden araştırılması). *Turkish Journal of Psychology, 34*, 21-35. doi: 10.31828/tpd1300443320180807m000008
18. **Erdem, G.**, **Tuncer, A. E., **Safi, O. A., Çankaya, B., Ergin, M., & **Aydoğan, R. (2019). Professional experiences and training needs of probation officers in Turkey. *Journal of Social Work, 19*, 664-686. doi: 10.1177/1468017318768181
19. **Erdem, G.** & **Safi, O. A. (2018). A cultural lens approach to Bowen family systems theory: Contributions of family change theory. *Journal of Family Theory & Review, 10*, 469-483. doi: 10.1111/jftr.12258
 - This article is among the top 20 most-downloaded papers of *Journal of Family Theory & Review* journal in 2019.
20. Lipman, E. L., De Wit, D., DuBois, D. L., Larose, S., & **Erdem, G.** (2018). Youth with chronic health problems: How do they fare in mainstream mentoring programs? *BMC Public Health, 18*, 102-111. doi: 10.1186/s12889-017-5003-3
21. Larose, S., **Boisclair-Châteauvert, G., De Wit, D. J., DuBois, D. L., **Erdem, G.**, & Lipman, E. L. (2018). How mentor support interacts with mother and teacher support in predicting youth academic adjustment: An investigation among youth exposed to Big Brothers Big Sisters of Canada programs. *Journal of Primary Prevention, 39*, 205-228. doi: 10.1007/s10935-018-0509-8
22. **Erdem, G.**, DuBois, D. L., Larose, S., De Wit, D. J., & Lipman, E. L. (2016). Mentoring relationships, positive development, and emotional and behavioral problems among youth: Investigation of a mediational model. *Journal of Community Psychology, 44*, 464-483. doi: 10.1002/jcop.21782
23. De Wit, D. J., DuBois, D. L., **Erdem, G.**, Larose, S., & Lipman, E. L. (2016). The role of program supported mentoring relationships in promoting youth mental health behavioral and developmental outcomes. *Prevention Science, 17*, 646-657. doi: 10.1007/s11121-016-0663-2
24. De Wit, D. J., DuBois, D. L., **Erdem, G.**, Larose, S., Lipman, E. L., & Spencer, R. (2016). Mentoring relationship closures in Big Brothers Big Sisters community mentoring programs: Patterns and associated risk factors. *American Journal of Community Psychology, 57*, 60-72. doi: 10.1002/ajcp.12023

25. Glassman, M. & **Erdem, G.** (2014). Participatory action research and its meanings: Vivencia, praxis, and conscientization. *Adult Education Quarterly*, *64*, 206-221. doi: 10.1177/0741713614523667
26. Slesnick, N. & **Erdem, G.** (2013). Efficacy of ecologically-based treatment with substance-abusing homeless mothers: Substance use and housing outcomes. *Journal of Substance Abuse Treatment*, *45*, 416-425. doi: 10.1016/j.jsat.2013.05.008
27. Slesnick, N., **Erdem, G.**, Bartle-Haring, S., & Brigham, G. (2013). Intervention with substance abusing runaway adolescents and their families: Results of a randomized clinical trial. *Journal of Consulting and Clinical Psychology*, *81*, 600-614. doi: 10.1037/a0033463
28. Glassman, M., **Erdem, G.**, & Bartholomew, M. (2013). Action research and its history as an adult education movement for social change. *Adult Education Quarterly*, *63*, 272-288. doi: 10.1177/0741713612471418
29. Dashora, P., Slesnick, N., & **Erdem, G.** (2012). "Understand my side, my situation, and my story:" Insights into the service needs among substance-abusing homeless mothers. *Journal of Community Psychology*, *40*, 938-950. doi: 10.1002/jcop.21499
30. Slesnick, N. & **Erdem, G.** (2012). Intervention for homeless, substance abusing mothers: Findings from a non-randomized pilot. *Behavioral Medicine*, *38*, 36-48. doi:10.1080/08964289.2012.657724
31. Bartle-Haring, S., Slesnick, N., Collins, J., **Erdem, G.**, & Buettner, C. (2012). The utility of mentoring homeless youth: A pilot study. *American Journal of Drug and Alcohol Abuse*, *38*, 350-358. doi:10.3109/00952990.2011.643985
32. Bantchevska, D., **Erdem, G.**, Garren, R., Veneskey, J., Letcher, A., Bonomi, A. E., & Slesnick, N. (2011). Predictors of drop-in center attendance among homeless adolescents. *Social Work Research*, *35*, 58-63. doi: 10.1093/swr/35.1.58
33. Dashora, P., **Erdem, G.**, & Slesnick, N. (2011). Better to bend than to break: Coping strategies utilized by substance abusing homeless youth. *Journal of Health Psychology*, *16*, 158-168. doi: 10.1177/1359105310378385
34. Slesnick, N., **Erdem, G.**, Collins, J., Bantchevska, D., & Katafiasz, H. (2011). Predictors of treatment attendance among adolescent substance abusing runaways: A comparison of family and individual therapy modalities. *Journal of Family Therapy*, *33*, 66-84. doi: 10.1111/j.1467-6427.2010.00530.x
35. **Erdem, G.**, & Slesnick, N. (2010). That which does not kill you makes you stronger: Runaway youth's resilience to depression in the family context. *American Journal of Orthopsychiatry*, *80*, 195-203. doi: 10.1111/j.1939-0025.2010.01023.x

36. Slesnick, N., **Erdem, G.**, Collins, J., Patton, R., & Buettner, C. (2010). Prevalence of intimate partner violence reported by homeless youth in Columbus, Ohio. *Journal of Interpersonal Violence, 25*, 1579–1593. doi: 10.1177/0886260509354590
37. Glassman, M., Karno, D., & **Erdem, G.** (2010). The problems and barriers of RHYA as social policy. *Children and Youth Services Review, 32*, 798–806. doi: 10.1016/j.childyouth.2010.01.017
38. Slesnick, N., Bartle-Haring, S., **Erdem, G.**, Budde, H., Letcher, A., Bantchevska, D., & Patton, R. (2009). Troubled parents, motivated adolescents: Predicting motivation to change substance use among runaways. *Addictive Behaviors, 34*, 675–684. doi:10.1016/j.addbeh.2009.04.
39. Slesnick, N., Dashora, P., Letcher, A., **Erdem, G.**, & Serovich, J. (2009). A review of services and interventions for runaway and homeless youth: Moving forward. *Children and Youth Services Review, 31*, 732–742. doi: 10.1016/j.childyouth.2009.01.006

Peer Reviewed Articles in Scopus, WOS or E-SCI Journals

** a graduate student and * an undergraduate student

1. **Selalmaz, E. & **Erdem, G.** (in press). Emerging adults' infidelity intentions in romantic relationships: The role of parental infidelity, adult attachment insecurity, and intimacy. *The Family Journal*. doi: 10.1177/10664807251384185
 - An interview about the paper was published in *PsyPost.org* in November 2025.
 - This paper was featured in science news in the *Daily Mail* newspaper in the UK, followed by other news outlets including popular psychology, health and well-being websites in Germany, Netherlands, France, Greece, China, Japan, Russia, Ukraine, Brazil, Chile, and the Dominican Republic.
 - A radio interview about the paper was broadcast at Corus Radio Network, Toronto, ON on December 9th 2025. [Link](#)
2. **Erdem, G.**, **Safi, O. A., & **Savaş, E. B. (2024). Predictors of mentoring relationship quality in a college peer mentoring program: Associations with mentors' and mentees' perceptions of family relationships. *International Journal of Mentoring and Coaching in Education, 13*(3), 361-377. doi: 10.1108/IJMCE-09-2023-0086
3. **Safi, O. A. & **Erdem, G.** (2024). The cultural self-construals and the romantic relationship experiences of Turkish young adults. *International Journal of Systemic Therapy (Special Issue: Family Therapy around the World: Turkey – Part II)*, 35(1), 108–126. doi: 10.1080/2692398X.2023.2224716
4. **Eyisoğlu, E. & **Erdem, G.** (2023). Adverse childhood experiences and romantic relationship satisfaction of Turkish emerging adults: The role of dyadic coping. *International Journal of Systemic Therapy (Special Issue: Family Therapy around the World: Turkey – Part I)*, 34(4), 333-358. doi: 10.1080/2692398X.2023.2229712

5. **Erdem, G.**, Eke, C. Y., Ögel, K., & Taner, S. (2006) Lise öğrencilerinde arkadaş özellikleri ve madde kullanımı. *Bağımlılık Dergisi*, 7, 111-116. (Peer characteristics and substance use among high school students.)

Peer Reviewed Published Conference Abstracts and Proceedings

** a graduate student and * an undergraduate student

1. **Akbas, S., Kuscu, K., Yantac, A. E., **Erdem, G.**, Semsioğlu, S., Gurkan, O., ... & Eskenazi, T. (2021). Qualitative Dimensions of Technology-Mediated Reflective Learning: The Case of VR Experience of Psychosis. *Proceedings of the 27th ACM Symposium on Virtual Reality Software and Technology*, 1-10.
2. Harris, S. K., Sherritt, L., Grubb, L., Samuels, R., Silva, T., Vernacchio, L., Wornham, W., **Erdem, G.**, & Knight, J. R. (2018). Practical tools to support adolescent substance abuse prevention in primary care: A multi-site randomized controlled trial of computer-facilitated screening and provider brief advice in the medical office. *Journal of Adolescent Health*, 62, 13. doi: 10.1016/j.jadohealth.2017.11.027
3. **Erdem, G.** (2017). Protective factors of alcohol abuse among college students: Volunteering, relational ethics and social competence (In Turkish: Gençlerde alkol kullanımını yordamlayan koruyucu faktörler: Gönüllülük, ilişkisel etik ve sosyal becerilerin rolü). *Contemporary Addiction Studies*, 1, 40.
4. **Kaplanhan, T., **Erdem, G.**, & Bikmaz, S. (2017). Addiction severity among adults seeking substance abuse treatment (In Turkish: Yatarak tedavi gören alkol / madde bağımlısı hastalarda bağımlılık özellikleri ve şiddetinin incelenmesi), *Contemporary Addiction Studies*, 1, 97.
5. **Erdem, G.**, **Tuncer, E., Çankaya, B., & Ergin, M. (2017). Program evaluation of a brief training intervention for probation officers in İstanbul (In Turkish: İstanbul denetimli serbestlik memurlarına yönelik geliştirilen eğitim programının etki değerlendirmesi). *Contemporary Addiction Studies*, 1, 98.

Book Chapters

1. **Erdem, G.** (2020). Systemic orientation in psychotherapy. Chapter published in *Clinical Psychology* (textbook). Editors: Mehmet Eskin, Çiğdem Dereboy, and Nuray Karancı. Turkish Association of Psychology Publications. [In Turkish: Sistemik Psikoterapiler]
2. **Erdem, G.** (2019). From crime and punishment to empathy and acceptance: Family therapy training and supervision with Turkish juvenile probation officers. Chapter published in the *Family Therapy Supervision in Extraordinary Settings: Illustrations of Systemic Approaches in Everyday Clinical Work*, Editors: Laurie Lopez Charles & Thorana Nelson. Routledge.

Peer Reviewed Online Publications

1. **Erdem, G.** & Kaufman, M. R. (2020). *Mentoring for preventing and reducing substance use and associated risks among youth*. OJJDP Evidence-based Program Review, National Mentoring Resource Center Publications, Chicago, IL.
2. **Erdem, G.** & **Safi, O. A. (2017). *Bowen's family systems theory from a cultural perspective: An integrative framework*. Theory Construction and Research Methods Workshop Series, National Council on Family Relations, Minneapolis, MN.

Clinical Books, Manuals and Technical Reports in Turkish

1. **Erdem, G.**, Ersayan, E., & Evci, H. L. (2018). *Metris Project Research Report: Focus groups, survey and program evaluation findings*. Ministry of Justice, Department of Corrections, Türkiye.
2. Tuncer, E. A. & **Erdem, G.** (2018). *Training manual for clinical interviewing and engagement skills*. UNICEF DENGÉ Project Trainer Manual for Juvenile Probation Officers, Ankara, Türkiye.
3. **Erdem, G.**, Kocalar, D., Tuncer, E. A., Işık, R (2018). *Supervision report for UNICEF DENGÉ Project Probation Officer Train the Trainer Model*.
4. Evci, H. L., Tuncer, E. A., **Erdem, G.**, Kocalar, D., Işık, R (2018). *Needs assessment in juvenile probation: UNICEF DENGÉ Project report* (unpublished report of youth and officer focus groups findings).

Published databases, interviews or measures

1. Dashora, P., Slesnick, N., & **Erdem, G.** (2012). *Substance-Abusing Homeless Mothers' Service Needs: Semi-structured Interviews* [Database record]. APA PsycTests. <https://doi.org/10.1037/t36595-000>

Non-academic Publications

1. **Erdem, G.** (2020). COVID-19 and close relationships (in Turkish: COVID-19 ve Yakın İlişkilerimiz). Sarkaç, Science Academy Turkey Popular Science Magazine.

Conference Presentations

All presentations are peer-reviewed unless mentioned otherwise.

** a graduate student and * an undergraduate student

1. **Beşiroğlu, B., **Erdem, G.**, Sönmez, C., & Halfon, S. (under review). *Mother-child attachment and emotion regulation on child emotional and behavioral problems*. Abstract submitted to be presented at the European Association for Research on Adolescence Conference, Utrecht, Netherlands.

2. **Yarar, L. & **Erdem, G.** (forthcoming). *The impact of incarceration on couple and family relationship dynamics from a Family Stress Theory perspective*. Poster accepted to be presented at the Association for Psychological Science 2026 Conference, Barcelona, Spain.
3. **Barışık, Ş. A. & **Erdem, G.** (forthcoming). *The public's attitudes and punishment preferences for juvenile crime*. Poster accepted to be presented at the Association for Psychological Science 2026 Conference, Barcelona, Spain.
4. **Erdem, G.**, Ersayan, E., & **Barışık, Ş. A. (forthcoming). *Incarceration stigma inside and out: Experiences of Turkish incarcerated youth*. Paper proposal accepted to be presented at the Association for Psychological Science 2026 Conference, Barcelona, Spain.
5. **Erdem, G.**, Ersayan, E., & **Barışık, Ş. A. (forthcoming). *Life skills and well-being of incarcerated youth: Differences by crime type*. Poster accepted to be presented at the International Association of Forensic Mental Health Services 2026 Conference, Helsinki, Finland.
6. **Erdem, G.** (March 2026). *Using AI in Close Relationship Research*. Research highlight presented at the AI Symposium, Koç University, Istanbul.
7. **Yücesoy, Z. B. & **Erdem, G.** (September 2025). *Understanding the association between financial strain and mental health among Turkish emerging adults: Roles of hopelessness and future anxiety*. Paper presented at the European Association for Behavioural and Cognitive Therapies Conference, Glasgow, Scotland.
8. **Coşkun, Z., **Erdem, G.**, & Turan, B. (November 2024). *The development and validation of the single motherhood stigma scale*. Poster presented at the National Council on Family Relations Annual Conference, Bellevue, WA.
9. **Yıldızhan, C., Kafescioğlu, N., Zeytinoğlu-Saydam, S., **Erdem, E.**, Söylemez, Y., & Yumbul, Ç. (July 2024). *Emotion regulation in emotionally focused therapists working with high-conflict couples*. Paper presented at the International Association of Relationship Research Conference, Boston, MA.
10. **Oldaç, B. & **Erdem, G.** (July 2024). *Does true love conquer all? The role of romanticized beliefs, abuse type, and ambivalent sexism on emerging adult women's response behaviors to dating violence*. Paper presented at the International Association of Relationship Research Conference, Boston, MA.
11. **Mustafa, V. & **Erdem, G.** (November 2023). *Natural mentoring and positive youth development: A computational social science approach*. Poster presented at the National Council on Family Relations Annual Conference, Orlando, FL.
12. **Mustafa, V., Hürriyetoglu, A., & **Erdem, G.** (April 2023). *Natural mentoring in online communities*. Paper presented at the Computational Social Science Conference, Istanbul, Türkiye.

13. **Taşkın-Sayı, D., *Nakkhal, Y., *Kılıcı, Z. N., & **Erdem, G.** (October 2022). *Menstruation stigma and social prototypes: Women's attitudes and emotions around menstruation* (In Turkish: 'Menstrüasyona İlişkin Sosyal Prototipler ve Damgalama: Kadınların menstrüasyona ilişkin algı ve duyguları') Poster presented at the Turkish Psychological Association 2022 Conference, Istanbul.
14. **Ayyıldız, T. N., *Tuğasaygı, B., *Erseven, I. Z., & **Erdem, G.** (October 2022). *Emotion regulation and attachment behaviors among newly wed youth.* (In Turkish: 'Yeni evli gençlerde duygu düzenleme ve bağlanma süreçleri') Poster presented at the Turkish Psychological Association 2022 Conference, Istanbul.
15. **Mustafa, V., **Kaplan, G., & **Erdem, G.** (October 2022). *Mental health outcomes of volunteer mentors participating in a peer mentoring program: A prospective quasi-experimental study.* (In Turkish: 'Akran mentorluğu programına katılan mentorların akıl sağlığı bulguları: Boylamsal ve karşılaştırmalı bir çalışma') Poster presented at the Turkish Psychological Association 2022 Conference, Istanbul.
16. **Carrese-Chacra, E., **Hollett, K., **Erdem, G.**, & Gouin, J. P. (May 2022). *Coping during Lockdown: Common Dyadic Coping Buffered the Impact of Financial Strain on Relationship Satisfaction during COVID-19 Lockdown.* Paper presented at the Association of Psychological Science Annual Conference, Chicago, IL.
17. **Carrese-Chacra, E., **Hollett, K., **Erdem, G.**, & Gouin, J. P. (October 2021). *Dyadic coping moderated the impact of financial strain on relationship satisfaction during COVID-19 confinement: A longitudinal analysis.* Poster presented at Réseau Québécois COVID-Pandémie, Montreal, Canada.
18. **Taşkın, D. & **Erdem, G.** (October 2021). *An examination on different types of parental control and well-being of Turkish emerging adults.* Paper presented at the Society for the Study of Emerging Adulthood (Virtual) Conference.
19. **Güvensoy, İ. & **Erdem, G.** (October 2021). *The effects of ideal standards and parental approval on marriage decisions among Turkish emerging adults.* Paper presented at the Society for the Study of Emerging Adulthood (Virtual) Conference.
20. **Mustafa, V. & **Erdem, G.** (October 2021). *Friendship quality and maintenance among Turkish emerging adults during the COVID-19 Pandemic: Associations with well-being and mental health.* Paper presented at the Society for the Study of Emerging Adulthood (Virtual) Conference.
21. **Mustafa, V., Ersayan, E., & **Erdem, G.** (September 2021). *Understanding adjustment of incarcerated youth: Coping, self-Esteem, and natural mentoring.* Paper presented at the American Psychological Association (Virtual) Conference.

22. **Safi, O. & Erdem, G. (August 2021). *Direct and indirect effects of cultural self-construal on commitment: The role of relationship quality in different cultures*. Paper to be presented at the International Association of Relationship Research (Virtual) Conference, London, UK.
23. Erdem, G. (May 2021). *Duration and continuity of mentoring relationships in a peer mentoring program: The effects of mentor's family experiences*. Paper presented at the Society of Research on Adolescence (Virtual) Conference.
24. *Varol, M., *Yalçın, A., **Ersayan, E. & Erdem, G. (April 2021). *Exploring the life skills of detained youth by crime type. (In Turkish: Genç tutukluların suç türlerine göre yaşam becerilerinin incelenmesi)*. Poster presented at the Research on Adolescence and Youth (Virtual) Conference, Türkiye.
25. Erdem, G. & **Ersayan, E. (April 2020). *How do relationships fare after incarceration? Understanding peer and family relationships of incarcerated Turkish youth*. Paper presented at the European Association for Research on Adolescence Virtual Conference.
26. Erdem, G. & Bartle-Haring, S. B. (November 2019). *Alcoholism in the context of sibling relationships: A dyadic comparison from a contextual perspective*. Paper presented at the National Council on Family Relations Annual Conference, Fort Worth, TX.
27. **Safi, O. A. & Erdem, G. (November 2019). *Relationship satisfaction and quality among Turkish young adults: Correlates with autonomy and relatedness*. Paper presented at the National Council on Family Relations Annual Conference, Fort Worth, TX.
28. **Atalay, N. D. & Erdem, G. (November 2019). *When working with refugees coincides with intergenerational family processes: A genogram study with service providers*. Poster presented at the National Council on Family Relations Annual Conference, Fort Worth, TX.
29. **Atalay, N. D. & Erdem, G. (April 2019). *Collective trauma and resilience among Turkish humanitarian aid workers. II. Sığınmacılarda ve Mültecilerde Psikolojik Sağlık Sempozyumu, Başkent Üniversitesi, Ankara, Türkiye. (In Turkish: Türkiye'de insani yardım çalışanlarının aile hikayeleri: Toplumsal travmadan psikolojik dayanıklılığa.)*
30. **Safi, O. A. & Erdem, G. (November 2018). *Cross-cultural examination of self-construal, relationship satisfaction, and quality: Associations with culture and family-of-origin experiences*. National Council on Family Relations Annual Conference, San Diego, CA.
31. **Tuncer, A. E., Erdem, G., de Ruiter, C., & Çankaya, B. (June 2018). *Attitudes toward probationers and organizational trust as predictors of burnout among Turkish probation officers*. European Association of Psychology and Law Annual Conference, Turku, Finland.

32. **Tuncer, A. E., **Erdem, G.**, & de Ruiter, C. (June 2018). *The impact of an RNR-based intervention training program on Turkish juvenile probation officers' role orientations and recidivism risk perceptions*. European Association of Psychology and Law Annual Conference, Turku, Finland.
33. Harris, S. K., Sherritt, L., Grubb, L., Samuels, R., Silva, T., Vernacchio, L., Wornham, W., **Erdem, G.**, & Knight, J. R. (January 2018). *Practical tools to support adolescent substance abuse prevention in primary care: A multi-site randomized controlled trial of computer-facilitated screening and provider brief advice in the medical office*. Society for Adolescent Health and Medicine Annual Conference, Seattle, WA. (also published as a proceeding)
34. **Erdem, G.** & **Safi, O. A. (November 2017). *Bowen's family systems theory from a cultural perspective: An integrative framework*. National Council on Family Relations Annual Conference, Orlando, Florida. (also published as a proceeding)
35. **Erdem, G.**, **Safi, O. A., & *Savaş, E. B. (August 2017). *Mentoring relationship quality and mentor characteristics in a peer mentoring program: Associations with family-of-origin experiences*. American Psychological Association Annual Convention, Washington, D.C.
36. **Erdem, G.**, **Karahan, C., & *Altıntaş, B. (August 2017). *The impact of family-of-origin experiences of psychotherapists on their preference for therapeutic orientation: A cross-cultural comparison*. American Psychological Association Annual Convention, Washington, D.C.
37. **Erdem, G.** (October 2016). *Protective factors for youth alcohol abuse: The role of volunteering, relational ethics, and social competence*. National Addiction Convention, Antalya, Türkiye. (in Turkish Gençlerde alkol kullanımını yordamlayan koruyucu faktörler: Gönüllülük, ilişkisel etik ve sosyal becerilerin rolü)
38. **Erdem, G.**, **Tuncer, E., Çankaya, B., & Ergin, M. (October 2016). *Program evaluation of a psycho-educational program targeting officers at İstanbul Bureau of Probation and Parole*. National Addiction Convention, Antalya, Türkiye. (in Turkish İstanbul Denetimli Serbestlik memurlarına yönelik geliştirilen eğitim programının etki değerlendirmesi)
39. **Erdem, G.** (September 2016). *Positive youth development, volunteering, and risk behaviors among emerging adults*. National Congress of Psychology, Izmir, Türkiye. (in Turkish Gençlerde pozitif gelişim, gönüllülük ve riskli davranışların incelenmesi)
40. **Erdem, G.**, Çankaya, B., & Caine, E. D. (March 2016). *Daily stressors and mental well-being among Turkish emerging adults*. Society for Research on Adolescence Conference, Baltimore, MD.

41. **Erdem, G.,** **Tuncer, E., Çankaya, B., & Ergin, M. (December 2015). *Exploring work experiences and educational needs of Turkish probation and parole officers*. Türkiye’de Denetimli Serbestlik 10. Yıl Sempozyumu, İstanbul, Türkiye. (in Turkish İstanbul Denetimli Serbestlik Müdürlüğü çalışanlarının iş deneyimlerinin ve eğitim ihtiyaçlarının incelenmesi).
42. **Erdem, G.,** DuBois, D. L., Larose, S., De Wit, D. J., & Lipman, E. L. (November 2015). *The impact of mentoring on parental well-being and family functioning*. National Council on Family Relations Annual Conference, Vancouver, British Columbia, Canada.
43. **Erdem, G.,** Glassman, M., & Slesnick, N. (November 2014). *Capabilities, opportunities, and freedoms: An intervention with homeless mothers*. National Council on Family Relations Annual Conference, Baltimore, MD.
44. Carmona, J., Slesnick, N, Guo, X., Feng, X., & **Erdem, G.** (April 2014). *Treatment changes in motivation, coping and family functioning among substance abusing runaway adolescents*. Society for Research on Adolescence Biennial Conference, Austin, TX.
45. **Erdem, G.** & Slesnick, N. (March 2013). *Homeless mothers’ parenting stress and their children’s functioning: Associations with substance use and depressive symptoms*. Society for Research in Child Development Biennial Meeting, Seattle, WA.
46. **Erdem, G.** & Slesnick, N. (July 2013). *Housing and substance use outcomes among homeless mothers: A randomized controlled trial*. Annual Convention of the American Psychological Association, Hawai’i, HO.
47. Slesnick, N., Bartle-Haring, S., **Erdem, G.**, & Brigham, G. (August 2012). *Two year substance use outcomes with runaway adolescents*. Annual Convention of the American Psychological Association, Orlando, FL.
48. Slesnick, N., **Erdem, G.**, Collins, J., Bantchevska, D., & Katafiasz, H. (June 2011). *An examination of predictors of family and individual treatment attendance among substance abusing adolescent runaways*. College on Problems of Drug Dependence Annual Meeting, Hollywood, FL.
49. **Erdem, G.**, & Slesnick, N. (March 2011). *Treatment outcomes for homeless mothers with 2-6 year old children in their care: Preliminary findings from a pilot study*. Society for Research on Child Development Biennial Meeting, Montreal, Canada.
50. Dashora, P., **Erdem, G.**, & Slesnick, N. (April 2010). *Coping strategies among homeless adolescents: Associations with emotional and behavioral problems*. Society for Research on Adolescence Biennial Conference, Philadelphia, PA.
51. **Erdem, G.**, Collins, J., & Slesnick, N. (October 2009). *Prevalence of intimate partner violence among homeless youth*. American Association for Marriage and Family Therapy Annual Conference, Sacramento, CA.

52. Slesnick, N., Bartle-Haring, Budde, H., Letcher, A., Bantchevska, D., **Erdem, G.**, & Patton, R. (June 2009). *Troubled parents, motivated adolescents: Predicting motivation to change substance use among runaways*. College on Problems of Drug Dependence Annual Meeting, Reno, NV.
53. **Erdem, G.** & Ögel, K. (May 2009). *Exploring the drug user profiles of high school students: An ecological perspective*. Society of Prevention Research Annual Convention. Washington, DC.
54. Glassman, M. & **Erdem, G.** (April 2009). *The meaning and sense of homeless youth across boundaries: Differences between the United States and the United Nations*. Society for Research on Child Development Biennial Meeting, Denver, CO.
55. Dashora, P., **Erdem, G.**, & Slesnick, N. (April 2009). *Challenges of homeless youth: A self-efficacy perspective*. Society for Research on Child Development Biennial Meeting, Denver, CO.
56. Bantchevska, D., **Erdem, G.**, Garren, R., Veneskey, J., Letcher, A., Bonomi, A. E., & Slesnick, N. (April 2009). *Predictors of drop-in center utilization among homeless adolescents*. Society for Research on Child Development Biennial Meeting, Denver, CO.
57. **Erdem, G.** & Slesnick, N. (October 2008). *Psychopathology of runaway youth and parental depression*. American Association of Marriage and Family Therapy Annual Conference, Memphis, TN.
58. **Erdem, G.** & Slesnick, N. (April 2008). *Parent and adolescent depression among families with substance abusing runaways: The role of risk and resilience factors*. Society for Research on Adolescence, Chicago, IL.
59. **Erdem, G.** & Ögel, K. (April 2008). *Risk and protective factors of drug use among high school students: Building resilience through families and peers*. Society for Research on Adolescence, Chicago, IL.
60. Wilkinson, D. L., Collins, T., & **Erdem, G.** (November 2007). *Understanding the life experiences of violent young males from a Bronfrenbrenner's Ecological System Perspective*. Annual Meeting of the American Society of Criminology, Atlanta, GA.
61. Dural, U., **Erdem, G.**, & Üskül, A. K. (June 2006). *Moving towards an emic understanding of honor in the Turkish context*. International Congress of International Association of Cross Cultural Psychology, Isles of Spetses, Greece.
62. **Erdem, G.** & Alan, G. A. (June 2005). *Social identity theory and its application to inter and intra personal conflicts and crisis of Turkish immigrants in Germany*. National Congress of Psychology Students, Mersin, Türkiye. [in Turkish, not peer reviewed]

Manuscripts in Progress

** a graduate student and * an undergraduate student

1. **Coşkun, Z., **Almeamari, F., Turan, B., & **Erdem, G.** (under review). Theoretical dimensions of single motherhood stigma and depressive symptoms: The mediating role of fear of negative evaluation. *Journal of Family Studies* (submitted, March 22nd 2026)
2. **Beşiroğlu, B., **Erdem, G.**, Sönmez, C., & Halfon, S. (under review). The effects of mother-child attachment and maternal emotion regulation on child emotional and behavioral problems Associations with child emotion regulation difficulties. *Current Psychology* (submitted, February 15th 2026)
3. **Erdem, G.**, Güler, M., Coşkun, M., & Başer, G. (under review). Conversational Artificial Intelligence in Everyday Family Life: Conceptualizing Family-AI Interactions from a Systemic Perspective. *Journal of Family Theory & Review* (submitted, January 8th 2026; revisions received February 14th 2026, ongoing)
4. **Erdem, G.** (under review). Gençlere yönelik akran mentörlük programlarına ilişkisel bir bakış: Aile hikayesinin akran mentörlerle kurulan ilişkiye etkisi. *TÜBA Günce* (submitted July 10th 2024)
5. **Erdem, G.**, Kafescioğlu, N. & **Başer, G. (in progress). Are you qualified, ChatGPT? Examining clinical skills and competencies of ChatGPT in delivering systemic interventions. *Journal of Marital and Family Therapy* special issue: ‘Artificial Intelligence (AI), Relationships, and Systemic Clinical Practice.’ (Letter of intent submitted, January 30th 2026; intent accepted as of February 5th 2026)
6. **Erdem, G.**, **Öztürk, M., **Gülşen, Y., **Kemaloğlu, A., **Ergun, B., & Turan, B. (in preparation). Substance use disorder stigma and the family: A systemic perspective.
7. **Taşlıoğlu-Sayiner, A. C., *Adıgozel, A., Turan, B., & **Erdem, G.** (in preparation). Social prototypes of substance use: A three phase study on substance use stigma.
8. **Erdem, G.** (in preparation). The cost of mentoring?: Depressive symptoms among adult volunteers in a college peer mentoring program.
9. **Yarar, L. & **Erdem, G.** (in preparation). Exploring qualitative experiences of incarceration on family relations: A family stress theory perspective.
10. **Yarar, L., Ersayan, E., & **Erdem, G.** (in preparation). Depressive symptoms and aggression among incarcerated youth.
11. **Beşiroğlu, B., **Erdem, G.**, Sönmez, C., & Halfon, S. (in preparation). A systematic review and meta-analysis of attachment, child emotion regulation, and child mental health.

ACADEMIC CONSULTING

- National Mentoring Resource Center** (Chicago, IL, US) December 2014 – Present
Agency: Office of Juvenile Justice and Delinquency Prevention
Focus: Evaluation of youth mentoring programs and synthesis of research evidence. *Role:* Associate Member (December 2014 – July 2020); Senior Member of the Research Board (August 2020 – Present)
Duties: score practices, programs, and resources for evidence, dissemination of research evidence, participate in podcasts and webinars, facilitate journal clubs, professional learning communities in collaboration with other research board members targeting youth mentoring program staff across the US.
- Social Sciences Grant Evaluation & Scoring Panel** (Ankara, Türkiye) Summer 2022 – Fall 2021
Agency: Scientific Research Council of Türkiye (TÜBİTAK)
Focus: Evidence-based family interventions, adolescent risk behavior
Role: Grant reviewer & discussion panel for TÜBİTAK 1001 Grants
Role: Grant evaluation and scoring for TÜBİTAK 3501 Grants
- Family Therapy in Substance Abuse Treatment and Juvenile Justice Systems Expert Committee** (Vienna, Austria) June 2018 – 2020
Agency: United Nations Office of Drugs and Crime
Focus: Evidence-based family therapy in low- and middle-income countries
Role: Present current research and practices in juvenile probation and substance abuse treatment in Türkiye, feedback for training materials
- DENGE Project: Risk Assessment Tool Development and Implementation for Youth in Probation** (Ankara, Türkiye) August 2017 – January 2019
Agency: UNICEF; European Union; Turkish Ministry of Justice
Focus: Risk and need assessment tool and procedure development for juvenile probationers, implementation and dissemination of the new rehabilitation system across 21 cities in Türkiye.
Role: Developing program content, assessment tools, all training materials, manuals, and resources, site-visits, workshops.
- ‘ÇAM’da Hayat Var’ Project** (Ankara, Türkiye) April 2016 – August 2017
Agency: Turkish Ministry of Justice
Focus: Program development for first time juvenile offenders to prevent recidivism.
Role: Grant writing and preparation, research design, developing program content.
- EU Framework Programme Horizon 2020** (Brussels, Belgium) June 2015
Agency: European Cooperation of Science and Technology (COST)
Focus: Mental health and well-being grants for youth and families at risk
Role: Grant reviewer

Youth Mentoring Program Evaluation: Secondary data analysis

June 2014

(Washington, D.C.)

Agency: Office of Juvenile Justice and Delinquency Prevention*Focus:* Prevention of juvenile delinquency and impact assessment of youth mentoring programs*Role:* Grant reviewer**INVITED TALKS**

Erdem, G. (2025). Discussant/Session moderator for *Interventions targeting families with special needs*. Center for Children with Special Needs and Families (EÇADEM) Symposium, Istanbul, Türkiye.

Erdem, G. (2024). *New methods in youth mentoring research: Natural Language Processing*. Youth Mentoring Research Symposium, Washington, DC.

Erdem, G. (2024). *Intervention research with youth at different levels of risk: Multiphase and mixed method studies in community and prison contexts*. Department of Child and Family Studies, University of South Florida, Tampa, FL.

Erdem, G. (2023). *Understanding youth adjustment and close relationships in the context of prison: A mixed methods study with Turkish incarcerated youth*. Utrecht University, Department of Youth & Family, Utrecht, Netherlands.

Erdem, G. (2023). *Substance use and misuse: Current trends, evaluation and evidence based systemic interventions*. Couple and Family Therapy Graduate Program Seminar, Özyeğin University, İstanbul, Türkiye.

Erdem, G. (2023). *Program assessment techniques for mentoring programs working with youth impacted by substance misuse*. Online webinar with multiple presenters. Panelists: Brooke Allen (Knoxville Leadership Foundation), and Niki Evans (Boys & Girls Club of the Suncoast). Host: Jake Sullivan. MENTOR Webinar Series for youth mentoring program practitioners, Boston, MA, US.

Erdem, G. (2022). *Demographic trends, youth development, and marital relationships research*. Families in the Changing World Symposium, Turkish Psychological Association Family Studies Section, İstanbul.

Erdem, G. (2022). *Adolescents' close relationships with parents and peers*. TÜBİTAK (Scientific Research Council of Türkiye) Genç Bilim Youtube Channel (Live Streaming with youth).

Erdem, G. (2021). *COVID-19 and Adolescent Development: Turkish case*. Invited panel: SRA COVID-19 Task Force, Society for Research on Adolescence Conference, New Orleans, LA.

Erdem, G. (2021). *Research with/for youth in the Turkish criminal justice system: How can youth mentoring research guide us?* The Center for Evidence-based Mentoring Distinguished Lecture Series, University of Massachusetts, Boston, US. (Zoom meeting)

Erdem, G. (2021). *STEPS: Promoting capabilities, competencies, and mental health of incarcerated youth*. Youth Mentoring Summit Research Symposium, Washington, DC. (Zoom meeting)

Erdem, G. (2021). *Youth mentoring and positive youth development among at-risk youth*. Department of Psychology Seminar, Sabancı University, İstanbul, Türkiye. (Zoom meeting)

Erdem, G. (2021). *Close relationships, trauma, and co-dependence*. Psychosocial Support Network for Trauma Survivors Seminar, İstanbul, Türkiye. (Zoom meeting)

Erdem, G. (2020). *Building international and local collaborations for research and advocacy: Lessons learned & notes from the field*. Department of Psychology Graduate Proseminar, Özyeğin University, İstanbul, Türkiye. (Zoom meeting)

Erdem, G. (2019). *DENGE Project: An evidence-based rehabilitation system for Turkish adolescents involved in crime*. Koç Holding Excellence Awards Presentation, Social Responsibility Projects Category, Koç Holding Headquarters, İstanbul, Türkiye.

Erdem, G. (2019). *Substance abuse from a family systems perspective: From research to clinical practice*. Institute of Social Sciences, Department of Psychology, İstanbul Bilgi University, İstanbul, Türkiye.

Erdem, G. (2019). *Substance abusing families: Evidence-based family therapy models*. Institute of Social Sciences, Humanities and Law, Özyeğin University, İstanbul, Türkiye.

Erdem, G. (2018). *Formative participatory research with Turkish probation officers and substance-abusing juvenile delinquents: Implications for evidence-based family interventions*. United Nations Office of Drugs and Crime, Family Therapy in Substance Abuse Treatment and Juvenile Justice Systems Expert Meeting, Vienna, Austria.

*Özbay, Y., *Varol., M., *Yalçın, A., & **Erdem, G.** (2018). *Intergenerational narrative of Family Change Theory: An interpretation of Çiğdem Kağıtçıbaşı's genogram*. Invited talk for special symposium in memory of Professor Çiğdem Kağıtçıbaşı, National Congress of Psychology, Ankara, Türkiye.

Erdem, G. (2018). *Invisible loyalties and relational ethics: A perspective on loss from a Contextual lens*. ÇATED Symposium, Boğaziçi University, İstanbul, Türkiye.

Erdem, G. (2017). *Program Development and evaluation in the criminal justice system: Projects targeting officers and juvenile delinquents*. Graduate seminar series, Department of Psychology, Özyeğin University, İstanbul, Türkiye.

Erdem, G. (2017). *Cultural validity in family studies research: How can we integrate culture in research design?* Graduate teaching seminar, Department of Child and Family Development San Diego State University, California, US.

Erdem, G. (2017). *Promoting positive youth development through youth mentoring programs: Impact on youth, parents, and mentors*. Faculty research seminar, Department of Child and Family Development San Diego State University, California, US.

Erdem, G. (2016). *Reflections of social (in)justice in our family histories*. ÇATED Symposium, Boğaziçi University, Istanbul, Türkiye.

Erdem, G. (2015). *Understanding family narratives of Syrian refugees from an intergenerational-contextual framework: What genograms can offer*. Nordic Research Meeting in Swedish Research Institute (SRII), Istanbul, Türkiye.

Erdem, G. (2014). Emerging scholars discussion group (with Brian Armenta, Rashida Govan, Alexandra N. Davis, and Aisha Griffith). Round table discussion following the invited keynote address “*Enhancing neighborhood collective efficacy: Children as deliberative citizens*” by Drs. Felton James Earls and Mary Carlson, Society for Research in Adolescence Biennial Meeting, Austin, TX.

Erdem, G. (2014). *Intervention efforts targeting at-risk youth and families: A capability approach*. Paper presented at Özyeğin University, Department of Psychology, Istanbul, Türkiye.

DEPARTMENTAL & UNIVERSITY TALKS at KOÇ UNIVERSITY

Erdem, G. (2026). *Using AI in Close Relationships Research*. Research Highlights Presentation, AI Symposium.

Erdem, G. (2025). *Research with/on/despite AI: Theoretical and empirical investigation of AI in couple and family relationships*. Graduate proseminar series, Department of Psychology.

Erdem, G. (2024). *Understanding youth adjustment and close relationships in the context of different levels of risk: Findings from multiphase mixed method studies*. Graduate proseminar series, Department of Psychology.

Erdem, G. (2023). *Psychological effects of trauma and coping skills with traumatic stress*. Psychoeducation for faculty following the February 2023 earthquakes. College of Social Sciences and Humanities. (Zoom meeting)

Erdem, G. (2022). *Myths and facts about alcohol and substance misuse*. KU Wellbeing Days, Dean of Students. (in-person meeting on campus)

Erdem, G. (2021). *An overview of 3R Research Lab: Past, current, and future projects*. Graduate proseminar series, Department of Psychology. (Zoom meeting)

Erdem, G. (2020). *Research with/for youth involved in crime, their families, and officers: A capability and systemic perspective*. Graduate proseminar series, Department of Psychology. (Zoom meeting)

Erdem, G. (2019). *Incarcerated youth and their families: Capabilities and resilience*. Graduate proseminar series, Department of Psychology.

Erdem, G. (2018). *Intervention development and program evaluation in the Turkish criminal justice system: Projects targeting officers, youth in probation, and their families*. Graduate proseminar series, Department of Psychology.

Erdem, G. (2017). *Youth mentoring research: Evidence from program development, evaluation, and implementation studies*. Graduate proseminar series, Department of Psychology.

Erdem, G. (2016). *Dyadic, systemic and iatrogenic effects of prevention programs*. Graduate proseminar series, Department of Psychology.

Erdem, G. (2016). *Needs assessment in evidence based practices*. 2016 KUSIF Symposium.

Erdem, G. (2015). *The efficacy of youth mentoring programs for at-risk adolescents*. Koç University Board of Trustees Monthly Meeting, Istanbul, Türkiye.

Erdem, G. (2014). *Clinical research with substance-abusing youth and their families: Building resilience and promoting capabilities*. Paper presented at Koç University.

AWARDS AND HONORS

NCFR Service Award (in recognition of service to the International Section) National Council on Family Relations, Minneapolis, MN.	2025
TÜBİTAK 2224-A Travel Award for International Conferences Scientific Research Council of Türkiye, Ankara	2024
Utrecht University, Research Centre of Child and Adolescent Studies Koç University Summer Visiting Scholar Fellowship	2023
SRA COVID-19 Network Early Career Scholars Fellowship Society for Research on Adolescence, US	2022
Outstanding Young Scientist Award & Research Grant (TÜBA-GEBİP) Turkish Academy of Sciences, Ankara, Türkiye	2021-2024
Outstanding teaching Vice President for Academic Affairs, Koç University, Istanbul	
Personality Theories (required area course; undergraduate)	2022; 2026
Systemic Psychotherapies course (elective course; graduate)	2021
Family Studies and the Turkish Family (elective course; undergraduate)	2018
Adolescent Development (elective course; undergraduate)	2017
Young Scientist Award & Research Grant (BAGEP) Science Academy, Istanbul, Türkiye	2019-2021

Gizem Erdem	23
NCFR Service Award (in recognition of service to the International Section) National Council on Family Relations, Minneapolis, MN.	2025
TÜBİTAK 2224-A Travel Award for International Conferences Scientific Research Council of Türkiye, Ankara	2024
Utrecht University, Research Centre of Child and Adolescent Studies Koç University Summer Visiting Scholar Fellowship	2023
SRA COVID-19 Network Early Career Scholars Fellowship Society for Research on Adolescence, US	2022
Outstanding Young Scientist Award & Research Grant (TÜBA-GEBİP) Turkish Academy of Sciences, Ankara, Türkiye	2021-2024
Outstanding teaching Vice President for Academic Affairs, Koç University, Istanbul	
Koç Cooperation Excellence Awards (nominated) Social Responsibility Category DENGE Project, representing Koç University	2019
ISCTE-University Institute of Lisbon Global MINDS Erasmus Mundus Cultural Diversity Program Summer School Intervention Stream Visiting Scholarship	2018
NCFR President-for-a-day Award Student/New Professional Award for Research, Leadership, and Service National Council on Family Relations, Minneapolis, MN.	2018
Harvard University, Center for Middle Eastern Studies Koç – Harvard Summer Visiting Scholarship	2017
NCFR International Section Travel Award National Council on Family Relations, Minneapolis, MN.	2015
Outstanding peer reviewer <i>Substance Abuse</i> journal 2012-2013 Editorial team	2014
Edward J. Ray Travel Award for Scholarship and Service Council of Graduate Students The Ohio State University, Columbus, OH.	2013
NCFR Student Award Research Award for Graduate Students National Council on Family Relations, Minneapolis, MN.	2013

Gizem Erdem	24
NCFR Service Award (in recognition of service to the International Section) National Council on Family Relations, Minneapolis, MN.	2025
TÜBİTAK 2224-A Travel Award for International Conferences Scientific Research Council of Türkiye, Ankara	2024
Utrecht University, Research Centre of Child and Adolescent Studies Koç University Summer Visiting Scholar Fellowship	2023
SRA COVID-19 Network Early Career Scholars Fellowship Society for Research on Adolescence, US	2022
Outstanding Young Scientist Award & Research Grant (TÜBA-GEBİP) Turkish Academy of Sciences, Ankara, Türkiye	2021-2024
Outstanding teaching Vice President for Academic Affairs, Koç University, Istanbul	
Invited Poster Presentation, APA Convention Outstanding proposal in Clinical Psychology Division American Psychological Association, DC.	2013
International Student Grant Office of International Affairs The Ohio State University, Columbus, OH.	2013
Career Development Grant Council of Graduate Students The Ohio State University, Columbus, OH.	2013
Doctoral candidacy with distinction Department of Human Development and Family Science The Ohio State University, Columbus, OH	2011
Graduate Student Researcher of the Year Award Department of Human Development and Family Science The Ohio State University, Columbus, OH.	2011
College of Education and Human Ecology Scholarships The Ohio State University	
EHE General Scholarship	2013
Ruth Jane Yauger Scholarship	2012
Lucile and Roland Kennedy Scholarship	2011
Frank Elam Parker Memorial Scholarship	2010
Florence L. and I. George Miller Memorial Scholarship	2007-2009

Gizem Erdem	25
NCFR Service Award (in recognition of service to the International Section) National Council on Family Relations, Minneapolis, MN.	2025
TÜBİTAK 2224-A Travel Award for International Conferences Scientific Research Council of Türkiye, Ankara	2024
Utrecht University, Research Centre of Child and Adolescent Studies Koç University Summer Visiting Scholar Fellowship	2023
SRA COVID-19 Network Early Career Scholars Fellowship Society for Research on Adolescence, US	2022
Outstanding Young Scientist Award & Research Grant (TÜBA-GEBİP) Turkish Academy of Sciences, Ankara, Türkiye	2021-2024
Outstanding teaching Vice President for Academic Affairs, Koç University, Istanbul	
NIDA International Scholars Travel Award National Institute on Drug Abuse, Bethesda, MD	2009
Travel Award for Undergraduate Students Turkish Psychological Association, Ankara, Türkiye.	2006
Dean's High Honor's Degree of Graduation Department of Psychology Boğaziçi University, Istanbul, Türkiye.	2006
Dean's list Faculty of Arts and Sciences Boğaziçi University, Istanbul, Türkiye	2002-2006

MENTORING
Advising & Committee Membership

Doctoral dissertation committee, Chair

Deniz Mısra Gürol (co-advising w/ Betül Urgancı, Clinical Psychological Science, Koç University)	Fall 2025 – Present
Merve Açıl (Clinical Psychological Science, Koç University)	Fall 2024 – Present
Leyla Yarar (Clinical Psychological Science, Koç University)	Fall 2023 – Present
Burcu Beşiroğlu (co-advising w/ Ceren Sönmez, Clinical Psychological Science, Koç University)	Fall 2022 – Present

Doctoral dissertation committee, Member

Hilal Yorulmaz (Clinical Psychology, Koç University)	(Proposal defended) Summer 2025
Begüm Dora (Developmental Psychology, Koç University)	(Steering committee) Summer 2024
Gamze Karadayı (Clinical Psychology, Adnan Menderes University)	(Defended) Spring 2020

Buket Kara (Developmental Psychology, Koç University) (Defended) Fall 2019
 Gamze Turunç (Developmental Psychology, Koç University) (Proposed) Spring 2018

Master thesis committee, Chair (advising)

Emir Yasin Çitil (Developmental Psychology, Koç University) Fall 2025 – Present
 Şemen Almula Barışık (Social Psychology, Koç University) Fall 2024 – Present
 Esra Selalmaz (Clinical Psychology, Koç University) (Defended) Fall 2024
 Zeynep Betül Yücesoy (Clinical Psychology, Koç University) (Defended) Summer 2024
 Zeynep Coşkun (co-advising w/ Prof. Bülent Turan, Developmental Psychology, Koç University) (Defended) Fall 2023
 Buse Oldaç (Clinical Psychology, Koç University) (Defended) Fall 2023
 Tuğba Naz Ayyıldız (Social Psychology, Koç University) (Defended) Fall 2023
 Yaren Gülşen (Clinical Psychology, Koç University) (Defended) Summer 2023
 Elif Eyişoğlu (Clinical Psychology, Koç University) (Defended) Fall 2022
 Yusuf Alp Kemaloğlu (Clinical Psychology, Koç University) (Proposed) Fall 2021
 Vyollce Mustafa (Developmental Psychology, Koç University) (Defended) Fall 2021
 İpek Güvensoy (Social Psychology, Koç University) (Defended) Summer 2021
 Dilara Taşkın (Social Psychology, Koç University) (Defended) Summer 2021
 Ommay Aiman Safi (Social Psychology, Koç University) (Defended) Spring 2018

Master thesis committee, Member

Ezgi Kamalı (Clinical Psychology, Koç University) (Defended) Summer 2025
 Selin Öykü Gergeri (Clinical Psychology, Koç University) (Defended) Summer 2025
 Berrak Akyol (Clinical Psychology, Koç University) (Defended) Summer 2025
 Gizem Sercan Unsal (Clinical Psychology, İstanbul Bilgi University) (Defended) Spring 2025
 Dilara Demir (Couple and Family Therapy, Özyeğin University) (Defended) Spring 2025
 Özge Akgün (Clinical Psychology, İstanbul Bilgi University) (Defended) Spring 2025
 Sıla Özer (Clinical Psychology, Koç University) (Defended) Spring 2025
 İlgüsu Öksüz (Developmental Psychology, Koç University) (Defended) Summer 2024
 Gizem İrem İleri (Clinical Psychology, İstanbul Bilgi University) (Defended) Summer 2024
 Fatema Almeamari (Clinical Psychology, Koç University) (Defended) Summer 2024
 Deniz Gezer (Clinical Psychology, İstanbul Bilgi University) (Defended) Fall 2023
 Cemile Yıldızhan (Couple and Family Therapy, Özyeğin University) (Defended) Summer 2023
 Ece Çağlak (Clinical Psychology, Koç University) (Defended) Spring 2023
 İrem Özbilgin (Couple and Family Therapy, Özyeğin University) (Defended) Summer 2022
 Utku Çetin (Clinical Psychology, İstanbul Bilgi University) (Defended) Summer 2022
 Romina Markaroğlu (Clinical Psychology, Boğaziçi University) (Defended) Summer 2022
 Hande Kırhan (Clinical Psychology, İstanbul Bilgi University) (Defended) Summer 2022
 Ebru Özbek (Developmental Psychology, Koç University) (Defended) Fall 2021
 Nilüfer Tarım (Clinical Psychology, İstanbul Bilgi University) (Defended) Summer 2021
 Hazal Özkök (Clinical Psychological Science, Koç University) (Defended) Summer 2021
 Kaan Dural (Clinical Psychological Science, Koç University) (Defended) Spring 2021
 İlayda Doğu (Clinical Psychology, İstanbul Bilgi University) (Defended) Spring 2020
 Aygül Sarıbay (Clinical Psychology, İstanbul Bilgi University) (Defended) Spring 2020
 Şeyda Zayim (Major paper, Developmental Psychology, Koç University) (Defended) Fall 2019
 Deniz Atalay (Clinical Psychology, İstanbul Bilgi University) (Defended) Summer 2019
 Francesca Osima (Global MINDS Program, Koç University) (Defended) Summer 2019

Shivranjani Gandhi (Global MINDS Program, Koç University)	(Defended) Summer 2019
Vanessa Laber (Global MINDS Program, Koç University)	(Defended) Summer 2019
Maria Zubiria Perez (Global MINDS Program, Koç University)	(Defended) Summer 2019
Sinem Yahyaoğlu (Couple and Family Therapy, Özyeğin University)	(Defended) Summer 2019
Dilşah Ece Eren (Couple and Family Therapy, Özyeğin University)	(Defended) Summer 2019
İlgin Su Akçiçek (Clinical Psychology, İstanbul Bilgi University)	(Defended) Spring 2019
İdil Franko (Developmental Psychology, Koç University)	(Defended) Fall 2018
Sezin Öter (Clinical Psychology, İstanbul Bilgi University)	(Defended) Fall 2017
Ahmet Eren Günsan (Clinical Psychology, İstanbul Bilgi University)	(Defended) Spring 2017
Handan Karayel (Social/I-O Psychology, Koç University)	(Defended) Spring 2017
Tuğçe Bağcı (Clinical Psychology, İstanbul Bilgi University)	(Defended) Fall 2015

Undergraduate honors thesis committee, Member

Suzi Asa (Media and Visual Arts, Koç University)	(Defended) Fall 2015
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Supervised undergraduate research projects

Yağmur Özbay (Koç University MA alumna)	Spring 2019
Ceylan Şimşek (Leiden University MA alumna)	Spring 2019
Dilara Avdagiç (Fulbright scholar, MA alumna of Columbia University)	Spring 2017
Merve Adlı (MA alumna, İstanbul Bilgi University)	Spring 2017
Esmâ Betül Savaş (PhD student, Radboud University)	Fall 2016
Zeynep Yıldız (MA alumna, Koç University)	Fall 2016
Şeyma Tasel	Fall 2016
Ceren Karahan (MA alumna, İstanbul Bilgi University)	Spring 2016

Other research lab alumni (2015-2021)

Graduate students

Ece Aydın (Social Psychology MA Program)	Fall 2016 Summer 2017
Ezgi Aydoğdu (Developmental Psychology MA Program)	Spring 2015 – Summer 2016
Elçin Ray (Social Psychology MA Program)	Fall 2017 – Spring 2018

Undergraduate students

Ayşe Ece Tuncer	Fall 2020 – Summer 2021
Zeynel Lal Caan	Fall 2020 – Summer 2021
Begüm Ergün (currently PhD student at Boston University)	Spring 2020 – Summer 2021
Melisa Varol (MA Alumna, Koç University)	Summer 2018 – 2020
Arda Yalçın	Summer 2018 – 2020
Romina Markaroğlu (MA alumna, Boğaziçi University)	Spring 2019
Umay Aksungur (MA alumna, Bahçeşehir University)	Summer 2016 – 2018
Sumru Duraner (MA alumna, İstanbul Bilgi University)	Spring – Fall 2017
Nur Baltalarlı (MA alumna, Şehir University)	Summer 2016 – 2017
Ajla Hamza (MA alumna, Özyeğin University)	Summer 2016 – 2017
Duygu (Kalyoncu) Day (MA alumna, University of Denver)	Summer 2016 – 2017
Büşra Altıntaş (BA alumna, Boğaziçi University)	Spring 2016 – Summer 2016
İlginsu Akçiçek (MA alumna, İstanbul Bilgi University)	Spring 2015 – 2016

Lara Kalafatoğlu (MA alumna, Bahçeşehir University)	Fall 2015 – Summer 2016
Mirel Faraci	Fall 2015
Ayşegül Yücel (MA alumna, Columbia University)	Summer 2015
Suzi Asa	Summer 2015
Ayşe Özlem Torunoğlu (MA student, Hacettepe University)	Summer 2015
Volkan Güney Kuru (PhD alumna Colorado State University)	Spring – Fall 2015
KU Summer Research Interns	Summer 2021
Irem Nur Akçor (ODTÜ); Şeyma Nur Kara (Işık University); Ahmet Burhan Bağlar (ODTÜ); Mohamed Jamal Bakali Tahiri (Bilkent University); Eylül Ulusoy (ODTÜ)	

TEACHING EXPERIENCE

Teaching Interests

- Theories and practice in couple and family therapy
- Close relationships
- At-risk adolescents and families
- Prevention and intervention efforts with youth and families
- Program evaluation and intervention research methods

ISCTE-University Institute of Lisbon

Lisbon, Portugal

Graduate teaching

Global MINDS Erasmus Mundus

Cultural Diversity Masters Program

Intervention Research Methods (workshop, 12 hours)

Koç University

Istanbul, Türkiye

Graduate teaching

Systemic Psychotherapies

Psychology of Close Relationships

Intervention Research Methods (workshop, 12 hours)

Community Psychology

Undergraduate teaching

Family Psychology

Abnormal Psychology

Personality Theories

Introduction to Couple and Family Therapy

Adolescent Development

The Ohio State University

Columbus, OH

Undergraduate teaching

Families and Children under Stress

Advanced Adolescent Development

CLINICAL EXPERIENCE & CERTIFICATION

Clinical Interests

- Systemic family therapy
- Contextual Therapy
- Substance misuse counseling
- Clinical supervision

Certification and licensure (2012 – Present)

AAMFT Approved Supervisor February 2023 – Present
American Association for Marriage and Family Therapy, Alexandria, VA

Independent Licensed Marriage and Family Therapist
Ohio Counselor, Social Worker, and Marriage and Family Therapist Board
OH #F.2200294 October 2022 – Present

EuroPSY Certified Psychologist: Couple and Family Therapy August 2018 – Present
European Federation of Psychologists Association, Europe

Licensed Marriage and Family Therapist
Ohio Counselor, Social Worker, and Marriage and Family Therapist Board
OH #M.1700045 October 2017 – 2022
OH #M.1200009 March 2012 – 2014

Clinical supervisor and trainer (2012 – Present)

Teos Psikoloji (Private practice), Istanbul December 2019 – Present
Individual supervisor of contextual-systemic therapy with individuals, couples, and families

Özyeğin University, Couple and Family Therapy Masters Program January 2017 – 2023
Individual supervisor

UNICEF Türkiye & Turkish Ministry of Justice, Ankara March – December 2018
DENGE Project family therapy trainer & group supervisor

Turkish Ministry of Justice, 'ÇAM'da Hayat Var' Project, Istanbul January – July 2017
Trainer and group supervisor for family therapy targeting juvenile delinquency

Istanbul Bilgi University, Clinical Psychology Masters Program, Istanbul September 2015 – 2019
Couple and Family Therapy Specialization
Individual supervisor

The Ohio State University, Couple and Family Therapy Clinic Columbus, OH
Clinical Supervisor-in-Training (Supervision internship) July 2012 – June 2013
Individual peer supervisor

Clinical Experience in Mental Health Clinics (2005 – Present)

Teos Psikoloji (Private practice), Istanbul
Individual, Couple and Family Therapist

October 2019 – Present

TinUs Psikoloji, Istanbul
Individual, Couple and Family Therapist

September 2016 – 2019

The Ohio State University, Couple and Family Therapy Clinic, Columbus, OH

Couple and Family Therapist (Externship)

September 2012 – August 2013

Couple and Family Therapist (CFT Clinic internship)

December 2008 – November 2012

The Ohio State University, Counseling and Consultation Services, Columbus, OH

Advanced Practicum Intern

January – June 2011

Yeniden Health and Education Society, Mustafa Kemal Community Center, Istanbul

Psychoeducation Group Counselor

October 2005 - May 2006

Clinical Experience in Research Projects (2007 – 2013)

The Ohio State University, Columbus, OH

Outreach advocate & case manager

September 2012 – August 2013

Outreach Project for Street Living Homeless Youth

Clinical interviewer & assessor

January 2009 – August 2013

- Outreach Project
- Homeless Mothers Project
- Adolescent Involvement in Parental Substance Abuse Project

Ecologically-based Family Therapist

July 2011 – November 2012

Adolescent Involvement in Parental Substance Abuse

Treatment Project: Evaluation of Ecologically Based Family Therapy

Counselor & case manager

January 2009 – December 2009

Treatment Development with Homeless Mothers and their
2-6 Year Old Children ProjectYouth advocate

August 2007 – December 2008

STAR II Project: Substance use treatment project for street living
homeless youth**CLINICAL WORKSHOPS AND SEMINARS FOR PROFESSIONALS**

Erdem, G. (2026). *A Contextual Approach to Denial and Estrangement: Invisible Loyalties*. Association of Psychotherapy and Psychosocial Studies Annual Symposium. İstanbul Bilgi University, İstanbul, Türkiye.

Erdem, G. (2025). *Working with alcohol and substance misusing clients from a systemic perspective: Couples therapy case consultation*. Istanbul Bilgi University, Clinical Psychology Graduate Program Couple and Family Specialization (2 hours), Istanbul, Türkiye (6 participants).

Erdem, G. (2024). *Systemic family therapy group supervision & case discussion*. World Human Relief, International Relationship and Family Studies Advanced Clinical Level Certificate Program. (2.5 hours), Istanbul, Türkiye (56 participants).

Erdem, G. (2023). *Family engagement in youth mentoring programs*. Professional Learning Community Workshop Series (June-July 2023, 4.5 hours total; co-facilitated with Dr. Naida Silverthorn, Dr. Renee Spencer, Dr. Tim Cavell, and Dr. Kristina Jones), National Mentoring Resource Center & MENTOR, Online discussion group with mentoring program staff across the US (15 participants).

Erdem, G. (2023). *Assessment and evaluation of alcohol and drug use among emerging adults*. Clinical Psychology Graduate Program Workshop (3 hours), Koç University, İstanbul, Türkiye (15 participants).

Erdem, G. (2023). *Contextual and systemic family therapy supervision*. World Human Relief, International Relationship and Family Studies Advanced Clinical Level Certificate Program, Online Group Supervision & Case Consultation (3 hours), Istanbul, Türkiye (40 participants).

Erdem, G. (2023). *Contextual family therapy: Theory, techniques, and case discussion*. World Human Relief, International Relationship and Family Studies Advanced Clinical Level Certificate Program, Online Workshop (3 hours), Istanbul, Türkiye (40 participants).

Erdem, G. (2022). *Substance use and misuse: Evaluation and evidence based systemic interventions*. Couple and Family Therapy Graduate Program Seminar (4 hours), Özyeğin University, İstanbul, Türkiye (19 participants).

Erdem, G. (2022). *Introduction to contextual family therapy: A relational ethics perspective to systemic case conceptualization*. Clinical Psychology Graduate Program Seminar (2 hours), İstanbul Bilgi University, İstanbul, Türkiye (10 participants).

Erdem, G. (2022). *Contextual family therapy approach to trauma and child abuse: Theory, case conceptualization, and systemic intervention techniques*. World Human Relief International Relationship and Family Studies Certificate Online Workshop (3.5 hours), Istanbul, Türkiye (17 participants).

Erdem, G. (2020). *Systemic approach to romantic attachment and co-dependence*. Turkish Psychological Association, Couple and Family Studies Section Online Workshop (2 hours), Istanbul, Türkiye (40 participants).

Erdem, G. (2018). *Systemic family therapy: Skills and interventions in working with at-risk adolescents*. ÇATED Supervision and Workshop Series (3 hours), Istanbul, Türkiye (12 participants).

Erdem, G. (2018). *Risk and needs assessment in the juvenile probation system: Building alliances with at-risk youth*. UNICEF DENGÉ Project for Youth Probationers (8 hours), Turkish Ministry of Justice, Office of Probation, Türkiye (36 participants).

Erdem, G. (2018). *Mapping rehabilitation services for juvenile delinquents across governmental organizations and stakeholders*. UNICEF DENGÉ Project Workshops (3 hours), Turkish Ministry of Justice, Office of Probation, Türkiye (Three workshops in Istanbul, Ankara, and İzmir with around 60 participants in total, each representing a local governmental agency).

Erdem, G. (2017). *Understanding child abuse and trauma from a Contextual Theory perspective: The role of relational ethics*. Child Abuse and Trauma Symposium (2 hours), İstanbul Bilgi University, İstanbul, Türkiye (+20 participants).

Erdem, G. (2017). *Ethics in Couple and Family Therapy*. ÇATED Seminar series (2 hours), İstanbul Bilgi University, İstanbul, Türkiye (+30 participants).

Erdem, G. (2017). *Advanced clinical skills in family therapy: Working with substance-abusing juvenile delinquents and their families – Part II*. Workshop (6 hours), Turkish Ministry of Justice, İstanbul Bureau of Parole and Probation, İstanbul, Türkiye (6 participants).

Erdem, G. (2017). *Introduction to family therapy techniques: Working with substance-abusing juvenile delinquents and their families – Part I*. Workshop (6 hours), Turkish Ministry of Justice, İstanbul Bureau of Parole and Probation, İstanbul, Türkiye (23 participants).

Erdem, G., Doğan, D., & Akyıl, Y. (2016). *How to use genograms in psychotherapy*. ÇATED Workshop (3 hours), İstanbul Şehir University, İstanbul, Türkiye (+60 participants).

Erdem, G., Doğan, D., & Akyıl, Y. (2016). *Intergenerational models of family therapy and use of genograms as an assessment and a therapeutic intervention tool*. Workshop offered in the 2016 National Congress of Psychology (1.5 hours), İzmir, Türkiye (+90 participants).

Erdem, G. (2015). *Understanding adolescent substance abuse and addiction*. Series of seminars, offered for staff from İstanbul Bureau of Parole and Probation (4 hours total), İstanbul, Türkiye (88 participants).

DESIGN WORKSHOPS AND PROJECTS

Vatansever, A., Kuşçu, K., Yantaç, A. E., **Erdem, G.** (November 2018). *Introduction to Virtual Reality for Mental illness: A case study*. Workshop offered as part of the Disability & Accessibility Month, Koç University, Department of Media and Visual Arts. (3 hours), İstanbul, Türkiye (10 participants).

Yantaç, A. E., Vatansever, A., Kuşçu, K., **Erdem, G.** (January 2018). *Virtual Reality Workshop for Mental Illness*. Design, screenwriting, and acting workshop, ANIMA Studios. (4 days, total 28 hours, produced two 3D videos), İstanbul, Türkiye (14 participants).

ADDITIONAL POST-GRADUATE TRAINING

Clinical Training

Supervision Refresher Course (2026, scheduled). American Association of Marriage and Family Therapy. Approved Supervisor Continued Education, 6 hours, hybrid course. *Instructor:* Tia Crooms, PhD, LMFT (Assistant Professor of Marriage and Family Therapy at National University, CA, US).

Fundamentals of Supervision Course (2022). American Association of Marriage and Family Therapy. Approved Supervisor Designation Training, 30 hours, virtual course. *Instructor:* Reo Leslie (JR), DMin, LPC, CACIII, LMFT (Founder, CEO, and School Director of the Colorado School for Family Therapy, Inc., CO, US)

Social Context of Mental Health and Illness (2018). Online noncredit course, 18 hours, Coursera, *Instructor:* Charmaine Williams, PhD (Professor of Social Work at University of Toronto).

Circumplex Model of Family Assessment (2018). Webinar, 2 hours, organized by the National Council on Family Relations, Minneapolis, MN. *Trainer:* David Olson, PhD (Professor Emeritus at University of Minnesota, US).

Emotionally Focused Couples Therapy (2016). ICEEFT Level 1 Externship, 28 hours, organized by the Turkish Association of Couple and Family Therapy, Istanbul. *Trainers:* Ting Liu (Drexel University, US) and Kyriaki Polychroni (College for Humanistic Sciences, Greece).

The Attachment Tool-Box: An introduction and review of attachment research methods for study of children, adolescents and adults (2016). Seminar, 3 hours, organized by Özyeğin University, Istanbul. *Presenter:* Howard Steele, PhD (Professor of Clinical Psychology, The New School for Social Research, New York, US).

Preventing child maltreatment with Group Attachment-based Intervention (2016). Seminar, 3 hours, organized by Özyeğin University, Istanbul. *Presenter:* Miriam Steele, PhD (Professor of Clinical Psychology, The New School for Social Research, New York, US).

Conflict resolution in couples therapy (2015). Seminar, 5 hours, organized by the Turkish Association of Couple and Family Therapy, Istanbul. *Presenter:* Susan Heitler, PhD (Clinical Psychologist, Therapy Help, Denver, US)

Multidimensional Family Therapy (2015). Seminar and workshop, 10 hours, organized by the IFTA Istanbul. *Trainer:* Howard Liddle, Ed.D., ABPP (Professor of Public Health Sciences & Psychology, University of Miami, Miller School of Medicine, Miami, US).

Research Methodology Training

Human Linguistic Annotation For Natural Language Processing for Social Scientists (2023).

The Center for Computational Social Sciences, Social ComQuant Project Workshop, Koç University, Istanbul Türkiye, 5 hours. *Instructor*: Firat Durusan (Researcher at the Politus Project).

Big Data, Artificial Intelligence, and Ethics (2020). Online noncredit course, 11 hours, Coursera, *Instructor*: Martin Hilbert (Professor of Communication and Computer Science at University of California Davis).

Introduction to Computational Social Science (2020). Online noncredit course, 12 hours, Coursera, *Instructor*: Martin Hilbert (Professor of Communication and Computer Science at University of California Davis).

Youth Mentoring Summit & Research Symposium (2020). Research methodology talks & workshops, in-person meeting, 8 hours, Washington DC.

Mendeley Webinar (2018). Online noncredit course, 2 hours, organized by Koç University Suna Kıraç Library. *Instructor*: Çiğdem Yıldırım (Koç University).

UNIVERSITY, COLLEGE, AND DEPARTMENT SERVICE

Koç University	Istanbul, Türkiye
Erasmus Exchange Coordinator Graduate School of Social Sciences and Humanities	Fall 2025 – Present
Committee Member University Commission on Quality Assurance (Representing the Graduate School of Social Sciences and Humanities)	Summer 2025 – Present
Associate Director Graduate School of Social Sciences and Humanities	Spring 2025 – Present
Board Member Center for Computational Social Sciences	Spring 2023 – Present
Board Member Faculty of Nursing, The Center for Children with Special Needs and Families (EÇADEM)	Fall 2022 – Present
Committee Member University Commission on the Prevention of Addiction	Spring 2022 – Fall 2025

Graduate Program Committee Member

Graduate School of Social Sciences and Humanities

- Computational Social Science MA Program
- Clinical Psychology MA Program

Fall 2020 – Present

Fall 2019 – 2022

Student Adviser

Advising +40 psychology major and double major students per year

Fall 2015 – Present

UNIV 101 Adviser

Advising 8 to 10 psychology freshmen & their peer mentors per year

Fall 2015 – Present

Faculty Search Committee Member

Department of Psychology, College of Social Sciences and Humanities

Fall 2024 – Spring 2025

Ethics Committee Member (served on case by case basis)

Committee for Student Misconduct

College of Social Sciences and Humanities

Fall 2020 – 2023

Faculty Search Committee Member.

Department of Marketing, College of Administrative Sciences

Fall 2020 – Spring 2021

Grant Funding Review Committee Member

Vehbi Koç Foundation & School of Nursing

Spring 2017 – 2020

Associate Coordinator

Global MINDS Cultural Diversity Masters Program

Fall 2018 – 2019

Program Review Committee Member

Vice President Office of Academic Affairs

Fall 2017 – 2019

Student Club Adviser

Psychology Club

Fall 2018 – 2019

Seminar Organizing Committee Member

Social Sciences and Humanities Seminar Series

Fall 2016 – 2018

Internship coordinator

Center for Children with Special Needs and Families (EÇADEM)

Spring 2016 – Fall 2018

The Ohio State University

Columbus, OH

Graduate Student Representative/Member

Awards Committee

Department of Human Development and Family Science

2012 – 2013

Essay Reviewer

January 2013; 2014

EHE Undergraduate Scholarship Award Committee
College of Education and Human Ecology

Graduate Student Representative/Member

2011 – 2012

Undergraduate Studies Committee
Department of Human Development and Family Science.

Graduate Research Associates Representative

2010 – 2011

Graduate Compensation and Benefits Committee of the University
Senate Council of Graduate Students

Brown Bag Chair (elected)

2008 – 2009

Graduate Student Organization
Department of Human Development and Family Science

Boğaziçi University Editorial Board Member

2005 – 2006

Katarsis Journal

Boğaziçi University Coordinator (elected)

2004 – 2006

National Association of Psychology Students

SERVICE TO THE PROFESSION**Editorial Board Member**

Journal of Couple & Relationship Therapy

2026 – Present

Journal of Family Theory & Review

2026 – Present

Türk Psikoloji Dergisi (Turkish Journal of Psychology)

2016 – Present

Past Chair, International Section

2025 – 2027

Chair, International Section

2023 – 2025

Member, NCFR Annual Conference Planning Committee

2023 – 2025

Chair-elect, International Section

2021 – 2023

National Council on Family Relations (NCFR), Minneapolis, MN.

Ad Hoc Reviewer

2010 – Present

Addictive Behaviors, BMC Public Health, Child & Family Social Work, Clinical Psychology: Science and Practice, Contemporary Family Therapy, Current Psychology, Educational Psychology, Family Relations, Journal of Adolescence, Journal of Research on Adolescence, Journal of Community Psychology, Journal of Early Adolescence, Journal of Family Theory and Review, Journal of Marriage & Family, Journal of Personality and Social Psychology, Journal of Relationships Research, Journal of Substance Abuse Treatment, Substance Abuse, Youth & Society

Associate Editor <i>Journal of Child and Family Studies</i>	2020 – 2022
Board Member & Treasurer (elected) Research Committee Chair Turkish Association for Couple and Family Therapy (ÇATED)	2018 – 2021 2018 – 2020
Secretary/Treasurer (elected, Family Therapy Section) National Council on Family Relations, Minneapolis, MN.	2018 – 2020
Board Associate Member (elected) Turkish Association for Couple and Family Therapy (ÇATED)	2016 – 2018
Emerging Scholar Representative, Membership Committee Society for Research on Adolescence, Ann Arbor, MI.	2015 – 2018
NCFR President-for-a-day Award Reviewer National Council on Family Relations, Minneapolis, MN.	July 2019
Student/New Professional Representative (elected, International Section) National Council on Family Relations, Minneapolis, MN.	2015 – 2017
NCFR Student Award Reviewer Student and Early Career Professionals Committee National Council on Family Relations, Minneapolis, MN.	June 2014
Abstract Reviewer IPPA 7th World Congress International Positive Psychology Association, MN, USA	November 2020; March 2021
International Conference on Contextual Therapy Hungarian Family-System Therapy Institute, Budapest, Hungary	March 2020
NCFR Annual Convention National Council on Family Relations, Minneapolis, MN. *International Division *Family Therapy Division *Advancing Family Science Division *Research and Theory Division	March 2016 – 2019; 2023 – 2025 March 2015 – 2020 March 2014; 2015 March 2012 – 2016; 2019
APA Annual Convention American Psychological Association, DC. *Division 27 – Community Psychology *Division 12 – Clinical Psychology	January 2016 December 2012; 2013

MEDIA APPEARANCES, WEBINARS & PODCASTS

- ‘Infidelity in romantic relationships’** December 2025
 The Last Show with David Cooper:
 Corus Radio Network, Toronto, CA
<https://podcasts.apple.com/ca/podcast/gizem-erdem-your-background-shapes-whether-youll-cheat/id1168275879?i=1000740682150>
- ‘How to spot a cheater: Scientists pinpoint 4 red flags that suggest someone is likely to have an affair’** November 2025
 Newspaper science article, published in Daily Mail in UK
<https://www.dailymail.co.uk/sciencetech/article-15320699/How-spot-CHEATER-4-red-flags.html>
- ‘New research highlights the role of family background and attachment in shaping infidelity intentions’** November 2025
 Interview about the Selalmaz & Erdem (2025) paper on infidelity intentions, as published in PsyPost
<https://www.psypost.org/new-research-highlights-the-role-of-family-background-and-attachment-in-shaping-infidelity-intentions/>
- Lakırtılar Podcast by Infodemi Lab** October 2025
https://open.spotify.com/episode/1n3t0KKR6Pcc0AZf2g6OHw?si=zyIzd6obQ_S5IpTCjjBU2Q
- ‘Substance use from a relational and a systemic perspective’** October 2022
 Turkish Psychological Association
 Couple and Family Studies Podcast Series
- ‘Close relationships with peers and parents’** March 2022
 Turkish Institute of Science and Technology
 Popular Science Broadcasts for children and adolescents
 Live stream in Youtube and Twitter
- ‘Mentoring and adolescent substance misuse’** August 2020
 Reflections on Research Podcast Series: National Mentoring Resource Center, Chicago, IL; Podcast w/ Michelle Kaufman (Johns Hopkins University)
 Moderator: Mike Garringer
- ‘COVID-19 pandemic and trauma’** May 2020
 KU Everyday Psychology Seminars: Instagram webinar; Guest: Ceren Acartürk
 Moderator: Gizem Erdem

- ‘Couple relationships and attachment during the COVID-19 pandemic’** May 2020
 KU Everyday Psychology Seminars: Instagram webinar;
 Moderator: Ceren Acartürk
- ‘Intimate relationships of emerging adults during the Covid-19 pandemic’** April 2020
 KU Psychology Student Club; Zoom webinar; Moderator: Ece Tuncer
- ‘Family relationships during the Covid-19 pandemic’** April 2020
 Association of Couple and Family Therapy
 Zoom webinar w/ Nilüfer Kafesçioğlu & Yudum Söylemez
- ‘Adolescent Alcohol and Substance Misuse’** February 2020
 Meraklısına Bilim; Medyascope channel on YouTube

COMMUNITY OUTREACH

- DENGE** 2017 – 2019
 Rehabilitation project for Turkish adolescents involved in crime
 (Project implemented in 21 cities in Türkiye)
- Youth and Families in Probation Project, İstanbul** 2016 – 2017
- Rehabilitation of Substance-abusing Probationers Project, İstanbul** 2015 – 2016
- Volunteer Tutor** September –
Eastside Buckeye Initiative, Columbus, OH December 2013
- Member, Columbus Coalition for the Homeless, Columbus, OH.** 2012 – 2013
 Representing *OSU Star House* (Drop-in center for homeless youth)
- President** (elected)
Head of Public Relations (elected) 2009 – 2010
Turkish Students Association, The Ohio State University 2008 – 2009

PROFESSIONAL AFFILIATIONS

American Association for Marriage and Family Therapy: Clinical Fellow
 International Association of Relationship Research
 Turkish Young Academy of Sciences (*TÜBA Genç*)
 Turkish Association for Couple and Family Therapy
 Turkish Psychological Association
 Society for Research on Adolescence
 National Council on Family Relations
 Young Science Academy (*Genç Bilim Akademisi*)